


## YOUTH CROSS-CULTURAL DIALOGUE RETREAT

|       | Monday Aug. 31   | Tuesday Sept.1  | Wednesday Sept. 2  | Thursday Sept.3  | Friday Sept. 4                                |
|-------|--|---|--|--|---|
| 7:00  |  | Wake-Up   | Wake-Up  | Wake-Up  | Wake-Up                                       |
| 7:30  |  | Choose Activity   | Choose Activity  | Choose Activity  | Choose Activity                               |
| 8:00  |  | BREAKFAST   | BREAKFAST  | BREAKFAST  | BREAKFAST                                     |
| 9:00  | 8:45 - Registration                                    | Elm Climbing, Spruce Disc Golf, Pine Archery, Birch High Ropes, Aspen Geo Caching, Polar Mini Golf, Elm Zipline | Elm Disc Golf, Spruce Archery, Pine High Ropes, Birch Geo Caching, Aspen Mini Golf, Poplar Zipline, Pine Challenge | Elm Archery, Spruce High Ropes, Pine Geo Caching, Birch Mini Golf, Aspen Zipline, Poplar Challenge | Dialogue Session                              |
| 10:00 | Buses Leave IRCOM                                      | BREAK/SNACK   | BREAK/SNACK  | BREAK/SNACK  | BREAK/SNACK                                   |
| 10:15 | Settle-In/<br>Tours/Expectations/<br>Community Meeting | Dialogue Session  | Dialogue Session   | Dialogue Session   | Pack-Up/Clean-Up                              |
| 11:45 |  | Table Setting   | Table Setting  | Table Setting  | Table Setting                                 |
| 12:00 | LUNCH  | LUNCH   | LUNCH  | LUNCH  | LUNCH   |
| 1:00  | Cabin Groups/Saftey Drills                             | Elm Pool, Spruce Climbing, Pine Creativity, Birch Archery, Aspen High Ropes, Poplar Geo Caching                 | Elm High Ropes, Spruce Geo Caching, Pine Mini Golf, Birch Pool, Aspen Climbing, Poplar Creativity                  | Mass Game  | Closing/Farewell                              |
| 3:00  | Mass Game  | Elm Mini Golf, Spruce Pool, Pine Climbing, Birch Creativity, Aspen Archery, Poplar High Ropes                   | Choose Your Own Adventure  | Capture the Flag   | Leave for Winnipeg<br>Arrive at IRCOM<br>4:00 |
| 5:00  | BREAK/CLEAN-UP   | BREAK/CLEAN-UP  | BREAK/CLEAN-UP   | BREAK/CLEAN-UP   |   |
| 5:30  | DINNER   | DINNER  | DINNER   | DINNER   |   |
| 6:30  | Intro to Dialogue Session                              | Movie/Get Inspired  | Variety Night  | Get Ready/Cabin Time/<br>Drumming  |   |
| 8:30  | Campfire/Snack/Cabin Time                              | Campfire/Snack/Cabin Time   | Campfire/Snack/Cabin Time  | Dance  |   |
| 9:30  | Get Ready for Bed                                      | Get Ready for Bed   | Get Ready for Bed  |  |   |

|       |            |            |            |                   |   |
|-------|------------|------------|------------|-------------------|---|
| 10:00 | Lights Out | Lights Out | Lights Out | Get Ready for Bed |  |
| 10:30 |            |            |            | Lights Out        |   |