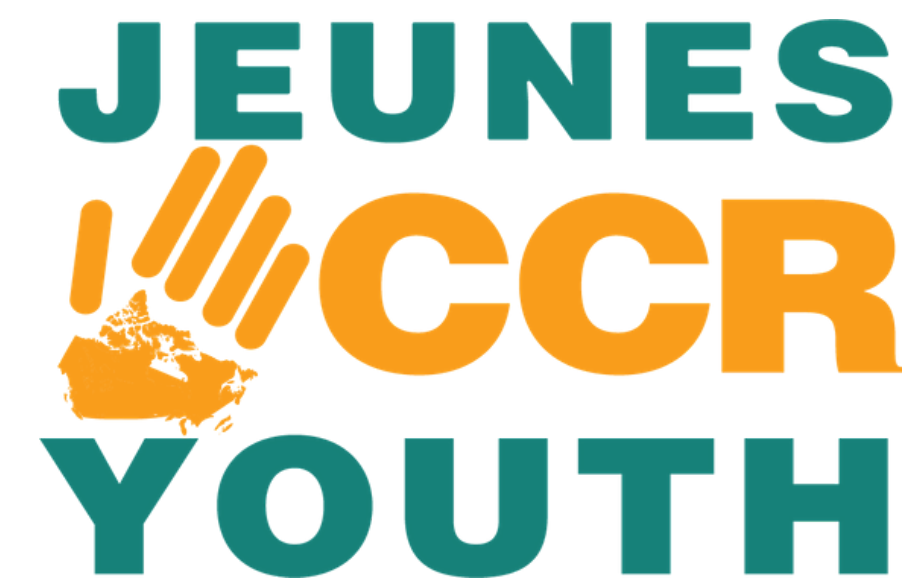
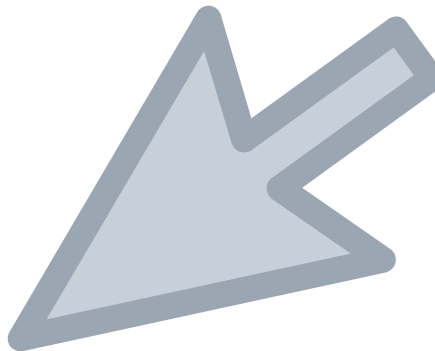
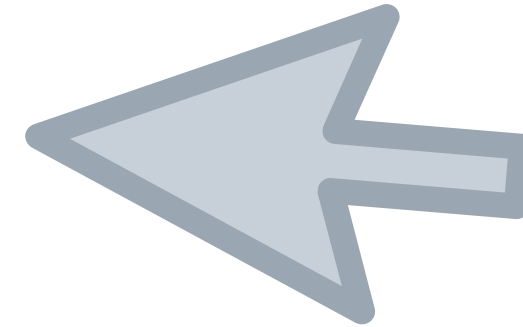
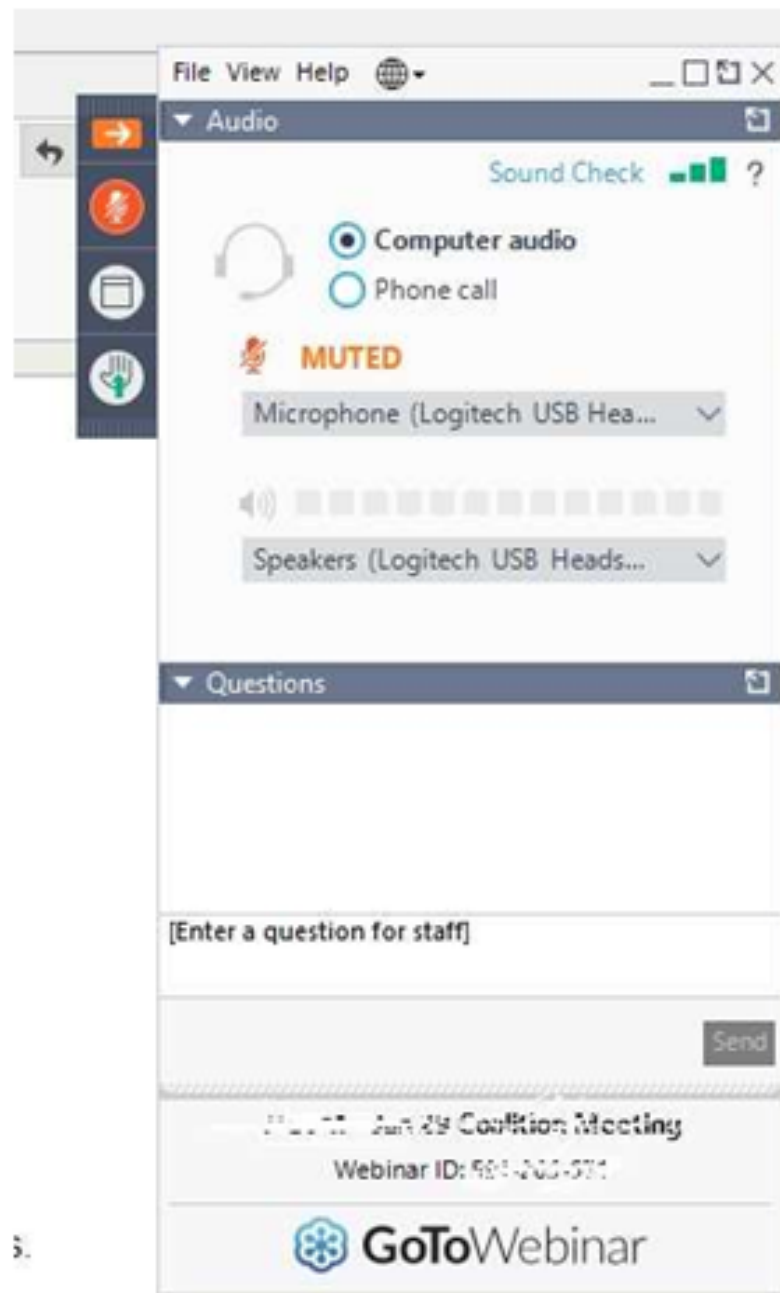


Covid-19 and The Impact of Social Isolation on Newcomer Youth



Communicating



- View, change and test your settings and controls.
- Use the questions box to give feedback or ask technical questions.
- We will NOT use “raise your hand” option this time.
- We will send the slides.
- Check the handouts

The CCR Youth Network



We are the youth division of the Canadian Council for Refugees. The Youth Network gives refugee and newcomer youth a voice to address challenges faced by newcomer youth and a space to share ideas on how to meet these challenges.

The Team Today

Moderators

- Dennis Nidichu, Program and education lead for the Core Team
- Juliana Cortes, National Youth Network Coordinator

Technical support and CCR Updates

- Janet Dench, Executive Director
- Alice Alvarez-Pereyre, Member Services Coordinator





The Purpose of this Meeting

Today we would like to share with you the results of our survey and strategize on how can we collectively better support newcomer youth during social isolation

Agenda

- CCR Actions
- Results from our survey
 - What are some of the challenges newcomer and refugee youth are facing?
 - How have youth and youth workers adapted to the current reality?
 - Useful Websites
 - What would you like to see happen in order to better support youth?
- Discussion: What would you like to see happen in order to better help address the needs of Newcomer youth.

*lead
the
way*

JEUNES
CCR
YOUTH



CCR Actions

- Dialogue with IRB, IRCC, CBSA
- Sharing information ([web](#) and virtual meetings with members)
- [Public statements](#)

The image features a teal background with a white clock face design. The clock face is composed of twelve white tick marks of varying lengths, arranged in a circle. The word "SURVEY" is written in a white, uppercase, sans-serif font, centered horizontally and positioned above the word "Results". The word "Results" is written in a large, white, serif font, also centered horizontally. The overall design is clean and modern, with a focus on the text and the clock face motif.

SURVEY

Results

WHAT ARE SOME OF THE CHALLENGES NEWCOMER YOUTH ARE FACING?

Youth are going under a lot of stress and for some youth

- This situation can remind them of previous experiences with war and displacement
- They have lost support from their peers, mentors and youth workers
- They don't have access to computers or the internet
- Financial hardship since some of them have lost their jobs or summer job search is currently on pause

HOW HAVE YOUTH AND YOUTH WORKERS ADAPTED TO THE CURRENT REALITY?

- Utilizing online platforms such as zoom,WhatsApp, Google Hangouts, Google Classroom, Microsoft Teams, etc to schedule group sessions.
- One on one support through face timing and calls.
- Reading books and doing online classes about mental health together.
- Doing online video challenges eg FCJ YN Instagram challenge.

SOME USEFUL WEBSITES

- Bounceback Ontario: " It is designed to help adults and youth 15+ manage low mood, mild to moderate depression and anxiety, stress or worry. Delivered over the phone with a coach and through online videos, you will get access to tools that will support you on your path to mental wellness."

<https://bouncebackontario.ca/>

- Remote Learning classes for free: <https://www.khanacademy.org/>
- Interactive games: Kahoot and Quizup

WHAT WOULD YOU LIKE TO SEE HAPPEN IN ORDER TO BETTER SUPPORT NEWCOMER YOUTH?

- Adaptation of resources
- Mental health support, specially taking into account Trauma experiences and structural oppression
- Access to technology
- Group activities and workshops online
- Information in different languages

WHAT CAN THIS NETWORK DO IN
ORDER TO SUPPORT EACH OTHER
AND NEWCOMER YOUTH

**Now the
floor is
yours!!**



**Follow
us on
social
media**



@ccryouth



@CCRYOUTHNETWORK